

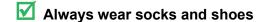


## THE LOW-RISK DIABETIC FOOT

As a person with Diabetes, your feet have a **LOW RISK** of developing a serious problem, but any injury can become serious.

## **EVERY SINGLE DAY YOU SHOULD:**

**☑** Check your feet









Put cream on your feet

**☑** Dry between your toes

Check inside your shoes







✓ Have your feet checked every 12 months



Call your doctor or foot specialist if you see anything that does not look or feel right on your feet.