

High-Risk Foot Screening

BCFHT ver. 1, Nov 2023

Last done:

Date:

Patient Name:

Completed by:

PAD: Screen for Peripheral Arterial Disease	Right Foot		Left Foot	
	+ve	-ve	+ve	-ve
Pain in feet or legs when walking but resolves with rest	<input type="radio"/>		<input type="radio"/>	
Capillary refill time > 3sec	<input type="radio"/>		<input type="radio"/>	
Colour (red/purple or blanched)	<input type="radio"/>		<input type="radio"/>	
Absent pedal pulse	<input type="radio"/>		<input type="radio"/>	

Any +ve indicates positive result, select 'X'

RESULTS:

LOPS: Screen for Loss of Protective Sensation	Right Foot		Left Foot	
	+ve	-ve	+ve	-ve
Feet feel numb, burn, tingle, feel like crawling insects	<input type="radio"/>		<input type="radio"/>	
1+ (of 10) sites absent 5.07 with monofilament	<input type="radio"/>		<input type="radio"/>	

Any +ve indicates positive result, select 'X'

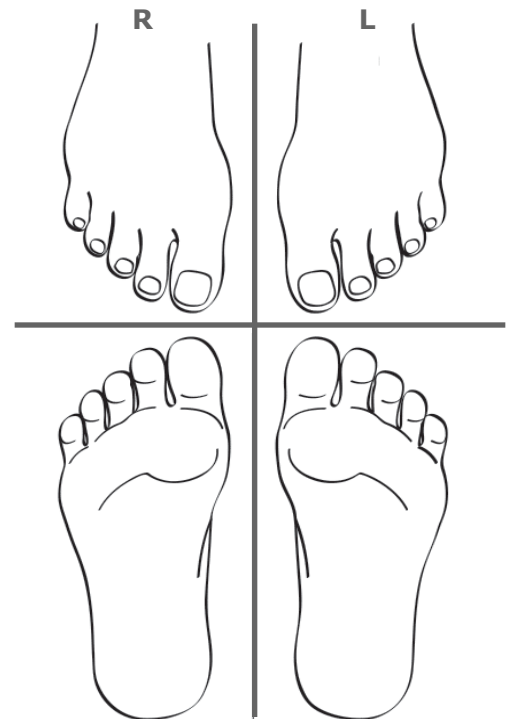
RESULTS:

FD: Foot Deformity	Right Foot		Left Foot	
	+ve	-ve	+ve	-ve
Mild deformity (i.e., dropped met heads, bunions, etc.)	<input type="radio"/>		<input type="radio"/>	
Hallux Limitus (15-45 degrees)	<input type="radio"/>		<input type="radio"/>	
Hallux Rigidus (<15 degrees)	<input type="radio"/>		<input type="radio"/>	
*History of ulcer	<input type="radio"/>		<input type="radio"/>	
*Indicates High or Urgent risk categories *Active ulcer	<input type="radio"/>		<input type="radio"/>	
Chronic Charcot foot deformity	<input type="radio"/>		<input type="radio"/>	
*Acute Charcot foot	<input type="radio"/>		<input type="radio"/>	
*Amputation	<input type="radio"/>		<input type="radio"/>	

Any +ve indicates positive result, select 'X'

RESULTS:

OTHER	Right Foot		Left Foot	
	+ve	-ve	+ve	-ve
Footwear inappropriate	<input type="radio"/>		<input type="radio"/>	
Footwear causing trauma	<input type="radio"/>		<input type="radio"/>	
*End stage Renal Disease (<15 ml/min)	<input type="radio"/>		<input type="radio"/>	



Please note findings as letter(s) as per legend

Skin & Nail Conditions

- A- Fungal Nail or Athletes Foot
- C- Callous
- F- Fissure
- G- Gangrene
- H- Corn
- I- Ingrown Nail
- N- Involved/Pincer Nail
- U- Active Ulcer
- P- Prior/Hx of Ulcer
- S- Subungal Haematoma
- T- Thickened Nail
- W- Wart

Structural Conditions

- B- Bunions
- D- Dropped Met Head
- O- Claw/Hammer/Overlapping Toes
- R- Charcot foot
- X- Amputation
- ?- Unsure of Diagnosis

Recommendations/Notes

Results Legend: (please select check box)

<input type="checkbox"/> -ve PAD <u>and</u> -ve LOPS	VERY LOW RISK, screen 12 months
<input type="checkbox"/> +ve PAD <u>or</u> LOPS	LOW RISK, screen 6-12 months
<input type="checkbox"/> +ve PAD <u>and</u> LOPS	MODERATE RISK, screen 3-6 months
<input type="checkbox"/> +ve PAD <u>and</u> FD <u>or</u> +ve LOPS <u>and</u> FD	MODERATE RISK, screen 3-6 months
<input type="checkbox"/> +ve PAD <u>or</u> LOPS <u>and</u> one of the following: history of ulcer, amputation, end stage renal disease	HIGH RISK, screen 1-3 months
<input type="checkbox"/> +ve Active ulcer <u>or</u> infection <u>or</u> acute charcot	URGENT RISK, seen within 24 hours