Hastings Prince Edward
Ontario Health Team

CANCER SCREENING GUIDE: EARLY DETECTION FOR LUNG, BREAST, COLON AND CERVICAL CANCER

Cancer screening: Why it matters & how to get checked

Looking after your health can be challenging. But cancer screening early can find changes before you even feel a symptom. This is when treatment works best.

In Ontario, these tests are free for eligible people. They can make a life-saving difference.

- Breast cancer: Regular screening can catch changes early and reduce deaths.
- Cervical cancer: Regular tests can prevent or catch cancer linked to Human Papilloma Virus (HPV).
- Colon cancer: Most cases can be cured if found early.
- Lung cancer: Screening helps stay ahead of the leading cause of cancer death.

SCAN HERE

For more information visit **www.cancercareontario.ca**

Cancer screening information

Screening for	Who should get screened	Screening Schedule	Test Type
Breast	Ages 40-74, no symptoms	Every 2 years	Mammogram (x-ray)
Cervical	Ages 25-74, have a cervix	Every 5 years	HPV Test (cervical screening)
Colon	Ages 45-74	Every 2 years	FIT (at-home stool test)
Lung	Ages 55-80, current or former smokers (high risk)	Yearly	Low-dose CT Scan

How to get screened

Screening for	What to expect	How to book
Breast	Takes about 15 minutes. May feel pressure for a few seconds.	Talk to your family doctor/NP, call the Breast Cancer Screening Program at 1-800-668-9304, or visit the **Ontario Health website**.
Cervical	Small soft brush to collect cells. Checks for Human Papilloma Virus.	Talk to your family doctor, nurse practitioner or call Health 811 (811)
Colon	Done at home. Only one stool sample. Safe and painless.	Talk to your family doctor, nurse practitioner or call Health811 (811), or visit **virtualcareontario.ca**
Lung	Low-does CT scan, quick and painless. For people at high risk due to smoking history.	Talk to your family doctor, nurse practitioner, call Health811 (811), or visit **ontariohealth.ca/lungscreeninglocations**